



## “OUR WELL BEING JAMU”

An Indonesian traditional herbal medicine made from natural materials.

An essential drink for your wellbeing!

- Turmeric is a powerful antioxidant, anti-inflammatory, blood purifier, effective excessive cholesterol.
- Galangal is a member of the ginger family. It helps in case of congestion, stimulates circulation, is anti-inflammatory and helps to reduce stomach problems.
- Tamarind is rich in Vitamin C, acts as a natural preservative and antioxidant, a gentle laxative and is ideal for stomach problems.

